

10 Skills Middle School Students Need to Be Successful

Under each skill write how you can use that skill in middle school and how that skill will assist you in being successful. Go back and put a star next to the skills you feel you are strong in and circle the skills you need to improve. This can help you set goals prior to the start of middle school in the fall.

1. Time Management Skills:

2. Study Skills:

3. Organization Skills:

4. Anger Management Skills:

5. Conflict Resolution Skills:

6. Stress Management:

7. Friendship Skills:

8. Decision Making Skills:

9. Assertiveness Skills:

10. Communication Skills:
